Calendar for Week 7 Term 1

Monday – 7 March

Tuesday – 8 March
P&C AGM staffroom 9:15am

Wednesday – 9 March
Interrelate for Year 6 Students

Thursday – 10 March
Selective High School Entry Exam

Friday – 11 March

How can you help ensure the school is doing the best it can for your kids?

One good way to make sure the things you want for your children are happening at school, is to attend the P&C meetings held on the second Tuesday of the month.

At the Annual General Meeting next week office bearers will be elected for 2016. The meeting will be held in the Staffroom in the Admin block at 9:15am. It would be wonderful to see some new faces at this meeting.

Assemblies

Assemblies are held in Yalingen Allawah the school hall situated adjacent to Welwyn Road. K-6 assemblies are held in weeks 3, 6 & 9 of the term. K-6 assemblies commence at 9:30am.

We greatly value the attendance of parents and carers at all assemblies – especially those when their children are recognised with the award of their Pride Pins. Space is very limited so the following rules are in place to assure that everyone is safe and that assemblies are respectful to all those present.

- Parents & carers sit on the seats to the rear of the hall placed in the COLA extension.
- Chairs at the side of the hall are for teachers

P&C Annual General Meeting
Tuesday 9 March 2016
9:15am the Den
We Need You!

Be Safe-
Play in the Correct Areas

Pride Goal for the next week

Our new pride goal expectation for the next week is:-

Be a learner, be respectful, be safe
A member of staff takes the photos of the Pride Pin being presented – parents and carers can take photos of their children after the assembly.

Photos are available at a small cost from the school office on request.

Parents and carers or other adult family members are invited to come forward to the front of the assembly to pin the badge on their child after all the children from the grade have received their certificates and pins.

Pre-schoolers need to remain with parents and carers at all times during assemblies due to Occupational, Health & Safety issues.

The K-2 playground equipment located adjacent to the new COLA is closed during assemblies.

**Peace Awards**

Congratulations to this wonderful group of students who received Peace Awards at Friday’s classroom “walk throughs” by the Principal. Thank you children for your peacemaking efforts! You have won points for your House that will be significant in the tally of points towards the House Shield.

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<thead>
<tr>
<th>Name</th>
<th>Class</th>
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Books in Homes Australia’s vision is to re-awaken a sense of wonder in children and excitement in parents, by creating an Australia where every child and family has access to books-of-choice at home.

Hebersham is currently participating in this very worthwhile program. Our Kindergarten students will be presented with high quality books which will help them not only learn to read, but to experience the joy of reading for pleasure.

This special assembly will take place on Friday 18 March beginning at 9:30 in Yalingen Allawah! Please come along and get involved in creating a "value" for reading within our community.

**National Young Leaders Day ‘Master the Little’**

On Monday the School Captains and Vice Captains attended the National Young Leaders Day at Sydney Olympic Park with Mrs Coupe. The event was hosted by the Halogen Foundation who are renowned for assisting school communities in developing great leadership skills in students. The team heard from guest speakers including The Australian Police Force Commissioner Andrew Scipione; Ben Austin, gold medal Paralympic swimmer; Nathan Dubsy, motivational speaker and Scott Tweedie, ABC3 TV presenter. Their journeys to becoming successful 21st century leaders had a common thread of mastering the little.

Below are some of their thoughts from the day:

*Be a learner, be respectful, be safe*
‘At the National Young Leaders Day I learnt ‘focus on the little and you will achieve the big’ and that the little things we do now will affect our futures.

The good choices we make now will set us on a path for a good life.’

Jada Morris – School Captain

‘I learnt that being yourself and showing integrity is the best kind of leadership’

Jaxon Mawson-Gulliford – School Captain

‘When I went to AllPhones Arena for NYLD I learnt that I have to take small steps to achieve my leadership goals.’

Paula Garces – Vice Captain

Support children to have a voice. Be the best you can. Chase your dreams and speak the truth.

Ezriah Leauanae – Vice Captain

Harmony Day:
Thursday 17th
March 2016

On Thursday 17th March our school will be celebrating Harmony Day and Bullying: No Way Day. Harmony Day celebrates Australia’s cultural diversity. It’s about inclusiveness, respect and a sense of belonging for everyone. The continuing message for Harmony Day is that Everyone Belongs, which means all Australians are a welcome part of our country, regardless of their background. It’s a time to reflect on where Australia has come from, recognising the traditional owners of this land. It’s also about community participation, inclusiveness and respect – celebrating the different cultures that make Australia a great place to live. Bullying: No Way Day is Australia’s key anti-bullying event for schools, and encourages all students to ‘take a stand together’ against bullying and violence in schools, the classroom and beyond.

In 2016 we celebrate 16 years of Harmony Day. This year we will be promoting Harmony across the school through reflecting on what HARMONY means to us.

To celebrate Harmony Day and Bullying: No Way Day at Hebersham Public School we are:-

- Years 2-6 are invited to watch the performance the Fairest of them All. An anti-bullying show on Wednesday 16 March.
- Encouraging Harmony Day “Mufti”: staff and students are encouraged to wear their traditional dress, or something from their country of choice, or to wear orange which is the official colour for Harmony Day. No coin donations required.
- Selling a ‘Harmony Day Meal Deal’ for lunch through the canteen. These order forms went home earlier this week and need to be returned with the money to the canteen by Friday 11th March.
- Participating in a variety of activities in classrooms in the lead up to Harmony Day.
- Holding a poster competition in classes.

We look forward to a fun day!

Car Parking in School Grounds

Please be aware that car park spaces within school grounds are restricted to school staff and administration personnel. There are allocated disabled parking spaces available in the front school car park for special transport buses and parents who hold a disabled parking permit.

For the safety of our students and staff please refrain from using the back car space for picking up students. This area is for teaching staff only.
If you are dropping off or picking up your child and you hold a current disabled parking permit you must use the available spaces in the front school car park. Please ensure you use these spaces in a timely manner as we have a number of parents and carers who require access to these reserved spaces.

Be a learner, be respectful, be safe
Special transport buses will occupy the disabled car park spaces from 8:00 – 8:45 am and 2:30 – 2:40 pm for our support students. Please use street parking if these spaces are unavailable. If you have any questions regarding this matter please contact the school.

**P & C NEWS**

**School Banking**

School Banking will be every TUESDAY this year and will start next week (8th March). Your child will hand their bank book into their teacher and it will be returned by the end of the week.

**New accounts:** Look out in next week’s newsletter regarding when a bank representative will be at the school to help you open a new account for your child.

**Community Movie Night:**

Hopefully, your family received a note about our first ever Hebersham School Community Movie night on March 18th. Copies of the note are at the Front Office. Please return your form with money to the box at the Front Office.

We are looking forward to seeing you there!

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**Cancer Council NSW**

**SunSmart Snippet**

**The simplest way**

...to protect your skin.

**Did you know?**

Our faces are exposed to ultraviolet (UV) radiation every day of the year. Wearing the right hat can protect skin from damage and reduce by 50% the amount of UV radiation reaching our eyes.

**Choosing the right hat**

The right hat will protect your face, head, ears and the back of the neck. Make sure it has:
- a wide brim to shade the whole face;
- close-weave fabric;
- a dark lining to reduce UV reflection;
- good ventilation;
- and is not a safety risk (i.e. with cords or toggles that may get caught during physical activity).

**Sun-safe hats:**

✓ Broad-brimmed hat: brims should be at least 7.5cm for adults and 6cm for children.

✓ Bucket hat: should have a deep crown and sit low on the head.

✓ Legionnaire-style hat: should have a flap that covers the back of the neck.

* Baseball caps and sun visors do not protect the cheeks, ears and back of the neck and therefore are not recommended.

[Logo: SunSmart]

To help keep your kids safe, check their school SunSmart status by heading to www.sunsmartnsw.com.au

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**Nutrition Snippet**

**The simplest way**

...to serve a fun-filled dinner.

Presentation is key to encouraging kids to eat more fruit and vegetables, and to entice fussy eaters to try new things.

The dinner table is a great place to try out fun-filled foods the whole family can enjoy.

Serve dishes that allow kids to take a hands-on approach.

Why not try Sang choy bow (pictured)?

Kids will love wrapping the mince and veg mixture in a lettuce cup and picking it up with their hands to eat.

Go to eatitobeatit.com.au for a recipe.

[Logo: Cancer Council NSW]

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*Be a learner, be respectful, be safe*
Volunteers Wanted for Kitchen Garden Program!!

Every week our Year 3 and 4 children participate in the Kitchen Garden Program.

ALL parents, caregivers, relatives and friends of the school are invited to volunteer and help a small group. No cooking skills needed, just a positive attitude!

A Working with Children Check must be obtained from the RTA prior (This is online and is free.)
Call or see Mrs Murphy: 9625 9133