Calendar for Week 10 Term 4

Monday – 7 December
Pride Pin Celebration

Tuesday – 8 December

Wednesday – 9 December
Year 6 Graduation & Farewell Dinner & Disco

Thursday – 10 December
Koori Play & Chat / Pacific Snack & Play
Stage 3 Fun Day

Friday – 11 December

Pride Goal for the next Three Weeks

Our new pride goal expectation for the next three weeks is:-

Be Brave and Follow the Pride Guide at all Times

Be a learner, be respectful, be safe
**Hebersham Pride**

**Congratulations** to the Junior and Senior AFL teams who are the 2015 AFL Champions. Congratulations to Junior Oz-Tag who also won their grand final. Thank you to everyone who came along to support the teams and really cheer them on.

**Car Parking**

Please be considerate to our families that live near our school. Do not block or park in their driveways.

**Classes for 2016**

Thank you for letting the school know about your movements next year. It makes a huge difference to the planning and preparation for classes.

Are you moving?

Classes for 2016 will be formed this term in preparation for the new school year. Please return the information slip attached to the newsletter if:

- Your family is definitely moving and your children won’t return to Hebersham PS in 2016.
- Your family will be on holidays and may return late in Term 1 2016.

The attachment is at the end of the newsletter. Thank you for your assistance in this important matter.

**Christmas Raffle**

Win one of three Christmas hampers by purchasing raffle tickets that were sent home this week. The raffle will be drawn during the Carols on 14 December 2015.

**Christmas mail box!**

The students from SCT are Santa’s helpers for delivering Christmas cards across the school. Children are requested to post their cards – for staff and other children, in the Christmas mailbox which is located in the Library foyer. The students from SCT will sort and deliver the cards to classrooms.

Start looking for any school library books, home readers and return as soon as possible.

**Nutrition Snippet**

*The simplest way...* to use frozen fruit and veg.

Did you know that frozen and canned fruit and veg count towards your recommended daily intake of fruit and vegetables?

The facts:

- We all need to aim for two serves of fruit and five serves of veg. every day
- Frozen/canned fruit or vegies are great alternatives when fresh varieties are out of season, unavailable or more expensive.
- Frozen and canned vegies are usually packed shortly after picking, so very few nutrients are lost.
- For canned vegetables look for labels that feature "no added salt" or "salt reduced".
- Choose canned fruit in natural juice, rather than syrup.
- Health Star Ratings are on many packaged foods now – the more stars, the healthier the choice.

For more information visit [www.eatittoberit.com.au](http://www.eatittoberit.com.au) or join us at [facebook.com/eatittoberit](http://facebook.com/eatittoberit)

---

*Be a learner, be respectful, be safe*
Hebersham Public School

Return slip
Movement of families in 2016

Family Name: ________________________________

Child/ Children’s Names: ________________________________

☐ My child/ children will not need a class place at HPS in 2016.
☐ My child/ children will return late to HPS in 2016 due to travel/ holidays.
   Date of return: ________________________________

Please indicate with a ☐

Signed: ________________________________ (Parent/Carer)

Date: ________________________________

(Please return the note to the school office)